



**INNER WHEEL CLUB OF SCARBOROUGH  
1934 TO 2025**

**To promote true friendship  
To encourage the ideals of personal service  
To foster international understanding.**

***91 years of friendship and service***



**Inner Wheel at the Heart  
of the Community for 100 Years**

**INNER WHEEL CLUB OF  
SCARBOROUGH  
District 4**



**President  
Christine Orsler**  
*Secretary  
Patricia Dempsey*

**Winter Bulletin  
2025/26**

## Christine's Chords



Many of our members will know that I was born in Ripon, many moons ago, but from the age of 13 I spent 34 very happy years in Hong Kong - at school, then work, then being married and having children. When it came time for my husband (and me) to retire, we chose to return to Ripon where we knew very few people and had no apparent social circles. In came help in the form of my neighbour, Dorothy, who introduced me to Ripon Rowels Inner Wheel and the rest is history. The support I received from all their members in the face of family loss

was incredible and in due course I was honoured to become their President.

Fast forward to Covid 19 and with the encouragement of my daughter and her family, undaunted by the very difficult global health situation, I relocated to Scarborough. As soon as we were allowed to meet others face to face I joined Scarborough Inner Wheel. It was the best decision I could have made. I have always felt welcomed by all and I am now honoured to be your President for the current year.

What a successful year we have just had, culminating with Past President Jane's daughter arranging for us to visit GCHQ, something I have always wanted to do. My year also began with a family connection as my daughter and granddaughter are involved with my charity, St Catherine's Hospice, and Emily kicked off the fundraising by completing the Great North Run. I do hope we can continue to introduce Inner Wheel to the younger generation as it is the only way our clubs can survive.

I would like to end by saying I have always enjoyed being on a committee but I can honestly say that our committee meetings are wonderful and long may that continue. A big thank you to all members past, present and future - you deserve it!

A merry Christmas and a happy, healthy New Year to everyone.



**OCTOBER**

Liz Curry  
Mary Gibson



**NOVEMBER**

Helen A  
Val G  
Ann C  
Karrie Rowe  
Margot B



**DECEMBER** Sandra D  
Joyce M



**JANUARY**

Patricia D  
Ingrid W

**FEBRUARY**

Christine G  
Jeannette W  
Liz B



**OCTOBER**

Sandra & James I-P  
Christine & Terence O

**NOVEMBER** Lorna & David A

**DECEMBER**

Sandra & John D  
Val & Simon G

**FEBRUARY** Jenny & John W

## 06. Guess the Movie Quiz

Find the name of the movie from the cryptic clues

1. Went away because of flatulence \_\_\_\_\_
2. My girlfriend works in an amusement park \_\_\_\_\_
3. There is a twist in this tale \_\_\_\_\_
4. An Australian Magician \_\_\_\_\_
5. A windup fruit \_\_\_\_\_
6. It's the 'White House' in Spain \_\_\_\_\_
7. Birds of prey go for a challenge \_\_\_\_\_
8. Pumps blood with courage \_\_\_\_\_
9. Not white or ugly \_\_\_\_\_
10. A novel of dense forest \_\_\_\_\_
11. Vocalising when the weather is bad \_\_\_\_\_
12. A high temperature at the weekend \_\_\_\_\_
13. Would Felix burn his paws here \_\_\_\_\_
14. Let him go when caught in a zipper \_\_\_\_\_
15. A rebellion on this chocolate bar \_\_\_\_\_
16. The toilet at an animal park \_\_\_\_\_
17. Not the shortest 24 hours \_\_\_\_\_
18. Abel's brother is a resident \_\_\_\_\_
19. Things always go wrong for Fonda's daughter \_\_\_\_\_
20. Flaming wagons \_\_\_\_\_

Email or WhatsApp me if you need help.—Val

**President  
Christine's  
Charity is**



**Saint Catherine's**

Hospice and Community Care for North & East Yorkshire



### Offering specialist, tailored care

Saint Catherine's In-Patient Unit has 9 en-suite rooms, each one offering 24-hour specialist symptom control and end of life care.

Our nurses, doctors, therapists and other healthcare professionals provide specialist care, tailored specifically to the patient's individual needs and wishes, in a comforting environment where patients and their families can feel supported.

### Caring For You

When you are cared for by Saint Catherine's, you can utilise the knowledge and skills of doctors, nurses, physiotherapists, complementary therapists, occupational therapists, support workers for your loved ones, spiritual care staff, social workers and more.

This all adds up to a patient centred, tailored approach to our care. Everyone who is cared for by Saint Catherine's is treated as an individual and we want to make sure you are as comfortable as possible and your needs are catered for.

All of this, along with our recent CQC rating of 'Good', means you can be sure you're getting a high standard of care.

### Creating A Homely Feel

Each room opens out on to our award winning gardens, helping create a peaceful and homely space for you to enjoy throughout your time at Saint Catherine's. All patients and their visitors are free to use the garden space, it is easily accessible for patients who are independently mobile and those who need assistance.

As well as serving home-cooked meals and refreshments throughout the day, our volunteers are always on hand to make patients and families more comfortable. If you or your loved ones need anything, please just ask, we try to cater for every need and nothing is too much trouble.

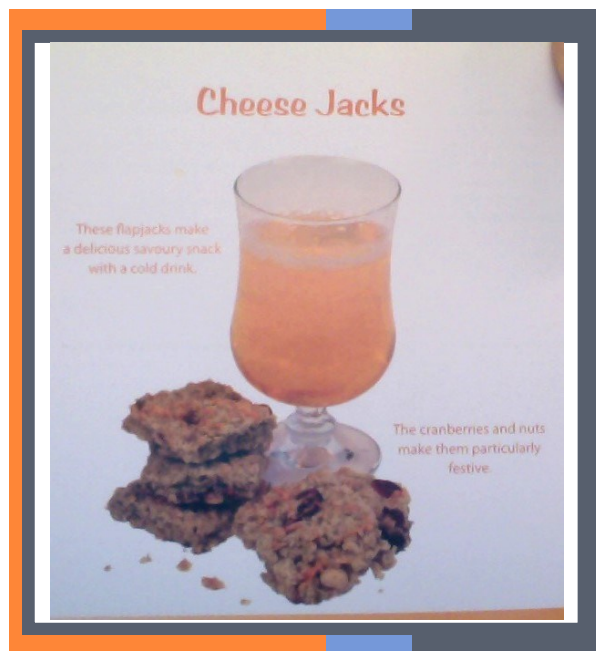


**Saint Catherine's provides care to  
over 3,000 individuals annually, each  
with access to a wide range of  
services, all of which are provided to  
patients free of charge.**

Volunteers are vital to the success of Saint Catherine's. They support delivery of almost all services offered by the Hospice, from the Board of Trustees that provide our governing body, to a wide range of roles across Clinical Support, Income Generation and Operational Support.



## Ro's Recipe



### Ingredients

200g (7oz) Butter  
60g (2.5oz) Onions (finely chopped)  
50g (2oz) Cream cheese (full fat)  
250g (9oz) Porridge oats  
75g (3oz) Self-raising flour  
1 Egg (whisked)  
Salt & Pepper  
50g (2oz) Cranberries  
50g (2oz) Chopped nuts  
small piece Red Leicester or coloured Cheddar for grating

### Method

1. Preheat the oven to 180°/gas mark 4. Lightly grease a Swiss roll tin 30cm x 23cm
2. Use a little of the butter to fry the onions then add the rest of the butter to melt in the pan
3. Stir in cream cheese until blended
4. Remove pan from heat and mix in oats, flour, egg, s&p, cranberries and chopped nuts.
5. Turn the mixture into the tin and spread evenly.  
Grate cheese over the top.
6. Bake for 20 minutes until golden brown. Cool in the tin for 10 mins before cutting into 24 slices.  
Finish cooling on a wire rack. Store in the 'fridge.

In 2008 The United Nations Secretary-General launched the campaign, UNiTE to End Violence against Women by 2030 The signature colour of the campaign is orange. As a bright and optimistic colour, orange represents **a future free from violence against women and girls.**

Chrissie Hines is our 'Orange the World' Co-ordinator and she is encouraging us to wear orange when we go on our Castle Howard visit on November 25th..

Chrissie is also organising a walk along Scarborough Seafront when members will once again dress in Orange clothes, carry Orange lanterns and hand out leaflets to raise awareness of the initiative to rid the world of violence against women and girls

**25th November to 10th December 2025**  
**16 days of activism**

Members of The Association of Inner Wheel Clubs in Great Britain & Ireland are part of International Inner Wheel, a global organisation for women.

We are preparing for the campaign "Orange The World"

25<sup>th</sup> November – 10<sup>th</sup> December



INNER WHEEL  
UNITE IN ACTION  
HER SAFETY  
OUR PRIORITY




The Inner Wheel Club of  
**SCARBOROUGH**

will be raising awareness of the need to eliminate violence against women and girls

Inner Wheel is a women's organisation focused on friendship and service.



Join us and become a woman of action today.  
Write to us at  
admin@innerwheel.co.uk

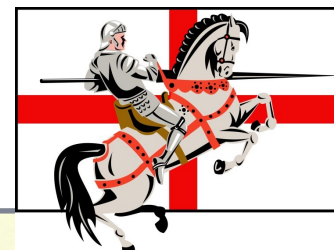
District International Services Organiser Jennifer Angus has written to Leeds City Council, requesting that City Hall be lit up orange for the duration of the Orange The World 2025 Campaign. Leaflets will be distributed by Inner Wheel members in Millennium Square.

## Rotary Cavalier's Community Fair



The Rotary Club of Scarborough Cavaliers held their annual Community Fair in Scarborough's Main street on August 9th. Along with many other clubs and charities we had a stall.

We sold Bric-a-Brac and Handbags. We had a Tombola, courtesy of Chrissie Hines' revolutionary grid system. Thank you to members who set up and manned the stall throughout the day. We raised £400 for funds.



Have fun at your festive table Let us know if you get more ideas

### Lesser-known KNIGHTS of the ROUND TABLE

- The knight who was afraid to fight: SIR RENDER
- The knight whom no one believed: SIR REAL
- The knight who designed the Round Table: SIR CUMFERENCE
- The knight who was never killed in battle: SIR VIVOR
- The knight who exceeded expectations: SIR PASSED
- The knight who showed up unexpectedly: SIR PRISE
- The knight who overcomes obstacles: SIR MOUNT
- The knight who kept the maps up to date: SIR VEYOR
- The knight who drinks too much: SIR RHOSIS
- The knight who stands in for King Arthur: SIR ROGATE
- The knight who wasn't needed: SIR PERFLUOUS
- The knight with a fragile ego: SIR AMIC
- The knight who lurks undercover: SIR VEILLANCE

Have fun round your festive table thinking of clever additions to the list! Add your ideas to the list. Here are some the family suggested (or should I say "SIR GESTED"?!): My 7 year old grandson thought of "The knight who guarded the door: SIR CURITY" 12 year old Tiggy added "The knight who performed in the ring: SIR CUS"





Lynda had worked us up to fever pitch with anticipation of our week-end in Bishop Auckland to see the Kynren Pageant. and we weren't disappointed. A large group of us with friends and partners met at 6.15am at the Railway station to be picked up by Acklam's coaches.

We stopped at Richmond and Barnard Castle en-route before reaching our hotel for a meal before setting off to the show. Kynren means 'Generations' in Anglo Saxon and we were to see a pageant of different episodes throughout history. There was an Anglo Saxon Village to wander round before the show. The amphitheatre can seat 8000 people and overlooks the Bishop's Palace. We were prepared for the cold with blankets and extra layers but it was a lovely evening and we didn't need our waterproofs. The show was amazing. It was about the history of England and there was a cast of hundreds of amateurs and horses, sheep and geese. The horses took our breath away, thundering past at full gallop, jousting and battling. The pageant portrayed England's history from Mediaeval times to the present day. It ended with a fantastic firework display and rousing cheers from the audience.



On Sunday we took the coach to Bishop Auckland to visit the Bishop's Palace, the Faith Museum, The Miner's Art

Gallery and admire the re-generated town centre. The Auckland Project impressed us all and it was another lovely day to enjoy the sights. The coach picked us up for the journey home and we were back in Scarborough by 7pm. full of praise for Lynda's excellent organisation and a fabulous weekend.

## Upcoming Events

**Tuesday 25th November** Castle Howard visit. Coach pick-up at Scalby Parish Hall 10.15am and Ganton at 10.45am

**Friday 5th December** Christmas Coffee Morning at Ash House, Burniston. 10-12 for International Services Charities £5

**Friday December 12th** Christmas lunch at the Weston Hotel

**Annually on January 10th** Inner Wheel Day

**February 5th 2026** 'Four Nation' themed meal at Scarborough TEC

**18th March 2026** District Meeting at St. Chads, Headingley, Leeds



## CHRISTMAS QUIZ

1. Which begins "Christmas wouldn't be Christmas without any presents"?
2. Who wrote the song "I'm dreaming of a white Christmas"?
3. Who wrote the book which inspired the film "The Snowman"?
4. In "A Christmas Carol" how many ghosts visit Scrooge?
5. What does the name *Bethlehem* mean in Hebrew?
6. Which year did the toy *Etch-A-Sketch* first appear under the Christmas tree?
7. What was stolen from Westminster Abbey on Christmas Day 1950?
8. From which country does the Poinsettia plant originate?
9. Who wrote "Auld Lange Syne"?
10. Christmas 1813 saw the last *What* in London?
11. Who banned Christmas in England between 1647 and 1660?
12. What is the chemical formula of snow?

(I will email or WhatsApp the answers on request)

## Summer Smash!

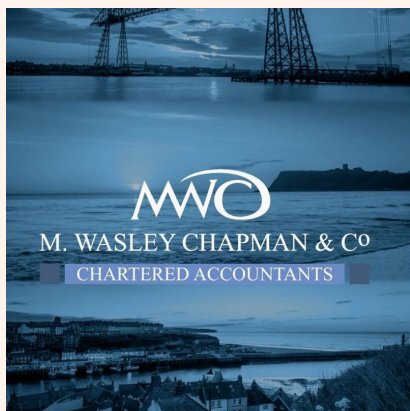
The entertainment's team organised a 'Summer Smash' in Joan F's lovely garden. The sun shone down and we enjoyed a delicious afternoon tea prepared by Evelyn Laidlaw. Rosemary O entertained us and we joined in with singing our favourites. 'The Nelsey Sisters' gave us all a laugh with their version of the Beverley Sister's classic song 'Sisters' It was a lovely afternoon of fun and friendship.



## THANKS TO

Thanks to Neil Duell of  
Wasley Chapman  
Accountants who audited  
our accounts free of  
charge.

Thanks to Paul and staff  
at Betton Design and Print  
for their patience and  
help with all our publica-  
tions.



## INTERNATIONAL SERVICES



Thanks to our hard working International Service Organiser, Christine G. and her team and the generosity of our members the following items were taken to the District Meeting on 19th November 2025. They will all be distributed to International Charities

- |                           |                       |
|---------------------------|-----------------------|
| 97 hats                   | 3 sponges             |
| 16 teddy bears            | 5 packs hand wipes    |
| 20 fish and chip vests    | 10 toothbrushes       |
| 5 gloves                  | 3 tubes of toothpaste |
| 2 socks                   | 2 teenage bras        |
| 12 scarves                | 4 duvet covers        |
| 1 blanket                 | 1 sheet               |
| 16 baby grows             | 2 pillow cases        |
| 5 baby bibs               | 24 spectacles         |
| 4 shoe boxes              | 420 grams stamps      |
| 8 colouring books         | 570 ring pulls        |
| 8 packs of pencils        | 1 mobile phone        |
| 15 packs sanitary items   | 228 post cards        |
| 20 packs of medical items | 1 tea towel           |
| 4 packs of soap,          | 12.kgs candle wax.    |
| 2 bottles shampoo         |                       |
| 1 bottle handwash         |                       |



## District Rally

The District 4 Rally took place at the Pavilions in Harrogate on Monday 20th October. The theme was '1940's' and members and guests were encouraged to dress up accordingly.



As District 4 does not have a Chairman this year, past Association President and District Chairman Audrey Pollard stepped into the breach and chaired the meeting. The morning session brought greetings from Audrey together with DC Angela, District 127 and DC Sonia from District 15 with District Governor Anne bringing greetings from Rotary 1040.

A lovely lunch of sausage and mash, followed by steamed pudding, was enjoyed by all the members and guests. A varied programme of events took place in the afternoon with entertainment and 1940's songs performed by the Pear Drops. This was followed by 40's fashion accessories demonstrated by Carole & Bill Lewis.



## Fun and Frolics



Well what a day our Fun and Frolics Afternoon turned out to be. I have to say it was beyond even my expectations (and that's saying something)!

We were entertained regally by Andy who showed us how to make Rum Truffles using the Microwave, all the while joking. We then had a lovely Afternoon Tea with dainty sandwiches and delicious scones baked by Andy. All served by Andy's Wife the lovely Jean. Who was very quietly super efficient.

Andy then entertained us with his fabulous singing taking off Elvis, Tom and Cliff among others.

It was Liz Curry's Birthday so we all sang Happy Birthday and Liz was delighted.

Andy finished the Afternoon off with Sweet Caroline a real crowd pleaser if ever there was one. We all joined in holding hands around the Hall singing and laughing. The Joy was palpable. It doesn't get any better than that folks. Who wouldn't want to be in Scarborough Inner Wheel!

Your Entertainment Team ☐