



INNER WHEEL CLUB OF SCARBOROUGH 1934 TO 2023/2024

To promote true friendship
To encourage the ideals of personal service
To foster international understanding.

90 years of friendship and service



37 Historical Yorkshire crossword

C	I	V	I	L	W	A	R	M	A	R	Y
L	I	E						L	E		
I	L	K	L	E	Y	A	N	G	L	I	A
F	I	T	C	O	I	R					
F	O	N	T	C	H	A	R	L	E	S	
O	G	C	A	M	S	T					
R		F	A	I	R	F	A	X		H	
D	S	S	G	N	S	U					
B	A	T	T	L	E	S	S	T	A	R	
B	N	L	R	H	R	S					
A	N	D	R	E	W	R	U	P	E	R	T
T	A					L	E			A	
H	A	L	L	I	N	G	L	E	T	O	N



International Inner Wheel
19th Convention
Manchester 2024

INNER WHEEL CLUB OF SCARBOROUGH District 4



**President
Jane Bull**

*Secretary
Margot Ball*

Autumn/Winter Bulletin 2024/25



Jane's Jottings

So my Presidential year is up and running having taken over from Rosemary and Sandra who had a great year which I will try and live up to.

As you know my chosen charity this year is SPARKS who are currently supporting the people and communities in Eastfield and Barrowcliffe. It was a pleasure to

welcome Michelle Davison-Ward their CEO to the first meeting of my year when she was able to help us all to understand the valuable work that she and her volunteers do and the impact it is having in the two areas. I hope you'll all support me in raising as much money as we can this year to support their work.

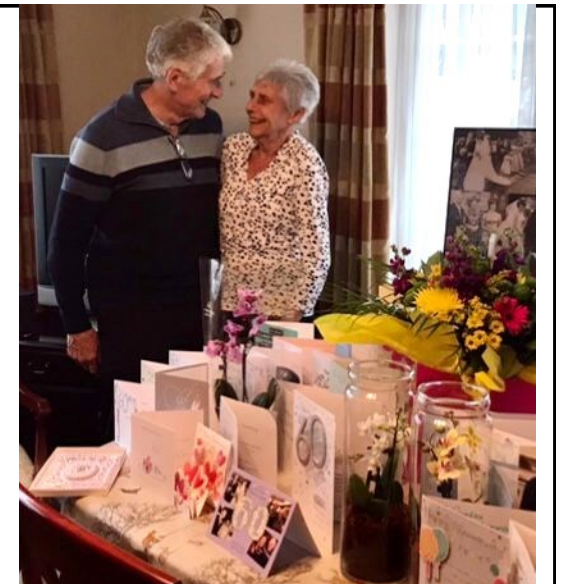
It is fantastic to report that fun and fellowship is continuing at pace this year with members having recently enjoyed the "party on the hill" at Hutton Buscel organised by June and a Pimms Party in aid of international funds arranged by Christine. Unfortunately I wasn't able to attend either but reports tell me that they were enjoyed by all. We have a packed programme of events over the year so I hope as many of you as possible will be able to join in the fun.



**Celebrating
80th Birthdays
These Girls know how to
have fun.
Congratulations Lynda
and Anne**



60 glorious years of wedded bliss and also a move to a new home. Congratulations and love on your Diamond Wedding Anniversary David and Diana, from all of us.





**Past President of Scarborough Inner Wheel
Wendy Strefford
August 26th 1929 - June 26th 2024**

It was with great sadness that we received the news that our much-loved and respected friend Wendy had passed away peacefully at the age of 94 surrounded by her loving Family.

Wendy joined our Club in 1985, she was already a very busy lady, Mother of Five, a Son Christopher and Four daughters. Wife of local business man & Rotarian Gerry Strefford. Wendy was also very involved with her Church St. Columba's and with everything else she undertook.

In 1989/90 Wendy was Club President a post she again gallantly undertook in 2201/02 when in spite of advancing years she stepped forward when a President could not be found. For more years than we care to remember Wendy was Club Secretary, we all wanted her when taking on the job of President. Her efficiency and knowledge of Inner Wheel was legendary! Wendy had no computer; all her correspondence was produced on her typewriter and there were never any mistakes! If anybody had any questions we knew all we had to do was ring Wendy. She quietly supported us all. She was excellent at knitting and a keen member of the knitting group. She tried to teach me to knit and after a great deal of patience quietly but firmly told me I was a lost cause and maybe I should try sewing.

We also knew she had a very dry wit and every so often would drop in little pearls of humour that would make you laugh out loud.

In recent years unfortunately Wendy's health deteriorated until she was left bed bound ultimately having to go into the care of St Cecilia's Nursing Home.

A truly wonderful lady who I'm sure many of us were privileged to be able to call our Friend.

We have many happy memories of her.

Our thoughts are with her Children, Grandchildren, & Great Grandchildren, at this sad time, As we remember her with Love..

Christine Jaconelli.

The speaker at President Jane's September meeting was Michelle Davidson-Ward representing Jane's charity Sparks

Sparks is a charity that supports people across Barrowcliffe and Eastfield. Sparks supports a range of people both children and adults who have a great variety of needs from mental health, socialising, food help even cookery and housekeeping to finance knowledge, careers advice and training in maths and english, life skills, baby clinic, counselling, etc etc the list goes on. Although Michelle has a great team of volunteers there is always a need for more and it appears that she is on call 24/7.

Sparks
supporting people and communities

- Crisis**
 - Emergency food, fuel support.
 - Access to phones and laptops.
 - Benefits support.
 - Mental health and suicide prevention.
- Coaching**
 - One to one appointments.
 - Health and wellbeing.
 - Budgeting and finances.
 - Goal setting and aspirations.
- Connections**
 - Group sessions:
 - Crafting, beach therapy / walking.
 - Baby groups.
- Counselling**
 - One to one appointments.
 - In house trainee counsellors.
 - BACP and UKCP registered.
- Careers**
 - Career advice.
 - Courses, training and volunteering.
 - CV and job search.

www.sparksproject.co.uk Sparks project
Contact via Messenger, WhatsApp Email: info@sparksproject.co.uk
Michelle 07701356900 or Glenda 07701356909
Nicky 07874638558 or Zoe 07874638564 or Lisa 07840702119
Charity number: 1200439

Richard's Flapjack

Many of us have been lucky to enjoy Richard's Flapjack over the years when we have visited the Old Vicarage at Ganton. Christine is submitting the recipe to the Recipe Book that D4 International Services are producing to be sold at the Harrogate Conference. With Richard and Christine's permission I am enclosing it here. It is written in Richard's own hand so you can tell how authentic it is. It is not just any flapjack- it is Richard Gretton's Flapjack!

FLAPJACK.

Don't overcook - it will go hard.

170 gm Brown Sugar
90 gm Treacle SYRUP/BLACK 50/50
130 gm Butter
300 gm Scotts Porridge Oats (original)
50 gm Self Raising Flour
1 tbs Water
1 tsp Vanilla paste.

60 ~~30~~ gm chopped dried Fruit

Pour Boiling Water on fruit (Dates - Apricots - Raisins)
& drain after 1 min

Melt Butter sugar treacle in a large pan
adding Vanilla & water when melted -
stir & combine. Do not overheat.

Mix Oats - flour & dried fruit in a
bowl & add to pan - combine all
until dry mix is covered with melted.

Line a 300 x 200 baking tray with
non stick foil - add contents of pan
& flatten out (about 2 cm thick)

Cook approx 30 min @ 160°C until light brown
Cool & chop into 50 mm squares.

Inner Wheel Club of Scarborough



Autumn Fair

Stained Glass Centre

Killerby Lane, Cayton YO11 3TP

Tuesday 15th October 2024

10.00am — 12 noon

Admission £5

proceeds to Inner Wheel charities
to include Coffee and biscuits

Lucky ticket wins afternoon tea voucher

* Pre-loved clothes, * Cake stall * Plants

* * Jams, pickles & preserves.

* Bottle draw * Christmas Gifts * Raffle

Birthdays coming up in -November

Mary Gibson - born in November 1926

Liz Curry, Val Green, Margot Ball.

December—Berncie Graham

January— Pat Dempsey

February— Christine G, Jeannette W, Judith G, Liz B, Diana G



Upcoming Events

- ♦ 20th September—Whitby Gin Tour preceded by lunch at Penny Hedge.
- ♦ 30th September at 12 noon—District Rally at the Folk Hall, New Earswick
- ♦ October 4th—Aireborough Charter Day at Bradford Golf Club 12 noon
- ♦ October 8th—Past President's Lunch at the North Cliff Golf Club
- ♦ 15th October—Autumn Fair at the Stained Glass Centre 10am to 12 noon.
- ♦ 24th October—Spanish Evening at Scarborough TEC, Filey Road
- ♦ 3rd December —Club Meeting at the Rugby Club
- ♦ 10th December—Christmas Lunch at the Crescent Hotel

The United Nations Environment Programme has identified three planetary crises – climate change, biodiversity loss and pollution. Seaweed farming can address all three of these – whilst offering so many other benefits to coastal communities and the ocean.

Wild Ocean Farming

Lynda organised a visit to the Seagrown ship but unfortunately because of inclement weather we had to meet at the Sea Cadet's HQ. We heard all about the science behind the technology. It was a very good illustrated talk.

CARBON SEQUESTRATION

Seaweed is a powerhouse of carbon capture, absorbing CO2 from the atmosphere and helping to mitigate climate change. If seaweed was grown over 9% of the ocean it would take up all of the carbon that has been emitted by humankind.

OCEAN REGENERATION

Seaweed farms act as underwater forests, producing oxygen and providing habitat for marine animals including juvenile fish and shellfish. Overall seaweed farming can enhance marine biodiversity and increase ocean health.

SUSTAINABLE RESOURCE

Seaweed is a rapidly growing renewable resource. It requires no fertilizers, pesticides, or freshwater, making it a highly sustainable crop. It provides a low carbon and versatile food and seaweed can be used to replace high carbon inputs into products such as plastics, fertilisers and fuels.

REDUCING COASTAL PRESSURE

By moving seaweed cultivation offshore, SeaGrown eases pressure on the use of coastal areas, which can be reserved for recreation, tourism, and near-shore fishing.

NUTRIENT ABSORPTION

Seaweed absorbs excess nutrients like nitrogen and phosphorus. In the right place this can help combat pollution from agricultural runoff, reducing harmful algal blooms that can devastate marine environments.

And then we had lunch!



International Inner Wheel
19th Convention
Manchester 2024



Inner Wheel ladies from all over the world travelled to Manchester to celebrate 100 years of Inner Wheel.

District 4 were represented and they met Pam Lyons from Scarborough Western Australia before she visited us.



There were a lot of photos and posts on Facebook for members who couldn't attend to see what they were missing.

Our friend from Scarborough, Western Australia

We were delighted to greet Pam Lyons from our sister club in Scarborough, Western Australia during her visit to the UK. Pam came to celebrate 100 years of Inner Wheel at the Manchester Convention and she stayed with her cousins in York and visited friends in Malvern. Pam extended her stay to join us at the District 4 90th celebrations in York on June 11th and then we brought her back to Scarborough to meet our club members. We held a social evening with Inner Wheel and Rotary Club members and enjoyed wine and nibbles and exchanged gifts. Pam handed us a donation from her Inner Wheel Club in Scarborough WA to support our club charities. We had a super evening and we were sorry to say goodbye to Pam when she returned to York. We do hope we meet Pam again in the future





LETTER FROM SCARBOROUGH, WESTERN AUSTRALIA

Dear Valerie & all members of Scarborough,
Thankyou Valerie for the lovely glass Inner Wheel Coaster you sent over for me via Pam. The sunflower is my latest mosaic. I have to wait now for my son to come to attach it to the wall.
Today we had our changeover of office bearers. First we had what we call a Winter Warmer lunch with 3 different soups & buns, then the July meeting in which I was able to read your last letter with the photo of you all with Pam & when we closed the meeting we had a quick change of Presidents & then tea/coffee & cake, fruit, cheese etc. After 2 years as President It was a good feeling handing over the collar to Barbara. Barbara was a school teacher & has already got a list of guest speakers for us. She will do things differently to me which is really good. You do not want the same thing all the time.
Pam spoke about the conference & her time up with you all & how much she enjoyed herself. I have just finished reading the Spring/ Summer Bulletin Pam gave me. It is very interesting & it is fantastic the club is going from strength to strength after nearly closing. 3 clubs in WA have recently folded & 4 in the Eastern States. We have 3 members transfer from one of the other clubs which is great & it looks like we will be inducting 3-4 ladies shortly which will bring our membership up to around 30. I do not think the club has ever had that many.

The days are short now & around 3.30-- 4.00pm you can feel the cold coming in. When the sun shines it has no warmth in it
I do not have any Netflix or Britbox etc only free to air TV. There is nothing much on only a lot of repeats so last night I played some records & it was so good. I listened to Nana Mouskouri & Jim Reeves.
It is 6pm here now so will go & watch some Wimbledon tennis.

Cheerio for now,
In Friendship
Tish

District 4 90th celebrations in York

Several members travelled to York to meet members from around the District and celebrate 90 years of District 4. We met for coffee at the Theatre Royal before walking to our chosen venue. We met Pam Lyons from Scarborough, Western Australia who had returned to York following the Association Conference in Manchester to join our District celebrations. Most Scarborough ladies had chosen to have a guided tour around the Mansion House whilst others opted for a Theatre tour, a Hop-on-hop-off bus trip or a sail down the River Ouse. The Mansion House guide was excellent and we learnt about the history and saw the treasures
Following the tour we walked to the Merchant Taylor's Hall to meet the other groups and to enjoy afternoon tea.
After a good chat we met up with Pam Lyons and we headed back to the car park and homeward to Scarborough.



Party on the Hill

On a lovely sunny day in August 25 Ladies plus 5 prospective members attended an Afternoon Tea Party Andrew's lovely garden in Hutton Buscel.

The Garden looked wonderful trimmed with Bunting and Balloons.

June had done lovely Flower Arrangement for the Tables to compliment the white linen table cloths and beautiful delicate China.

Each place setting had a Handmade rose and Friendship motto attached to it.

There was an excellent selection of homemade sandwiches, savories, scones, cup cakes and Stawberries on offer. All catered for by Evelyn.

Plenty of Fizz served by Val and Team with extra provided by Lynda and Anne B to celebrate their 80th birthdays (I know who would believe it).

We had wonderful Entertainment provided by our very own Songstress Rosemary O with her Guitar. Rosemary very soon got us all joining in and Lynda and Christine G just couldn't resist getting up to Dancing Queen.

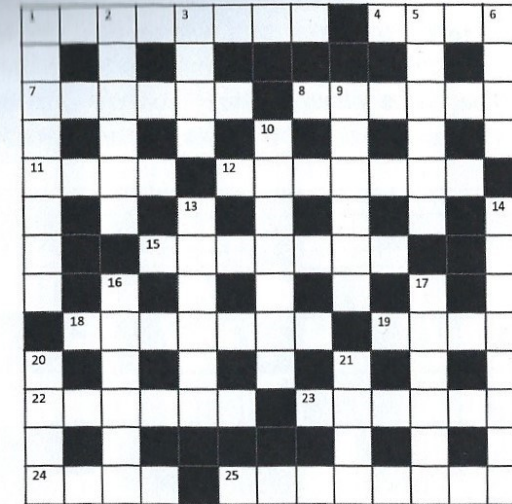
The Atmosphere was brilliant and everyone went away the better for it.

A massive thank you to all who helped in any way. To you all for attending but most of all to June for her hard work and Andrew for allowing it to go ahead.

Kindest Regards from Lynda and the Entertainment Team.



YORKSHIRE HISTORY CROSSWORD



Across

1. During this period of history, conflicts took place at Adwalton and Marston Moor. (5,3)
4. This Queen of Scots was imprisoned in Bolton Castle in 1568. (4)
7. This Wharfedale town was once Roman Olicana. (6)
8. Edwin was once protected by Raedwald in the eastern part of this kingdom. (6)
11. Paulinus may have needed this installing when he met Edwin in York. (4)
12. During the siege of York, his supporters were the cavaliers. (7)
15. The fabulous Georgian townhouse in York designed by John Carr has this name. (7)
18. Stamford Bridge, Towton and Fulford were all sites of these. (7)
19. This name was given to the chamber by which the king ruled, which parliament demanded closed in 1641. (4)
22. The 17th century Yorkshire poet ***** Marvell was famous for writing to his coy mistress. (6)
23. He shared command of the King's forces at Marston Moor. (6)
24. Shibden – in Calderdale was once home to Anne Lister, notorious landowner. (4)
25. Near this Dales village is the site of an iron age hill fort of the Brigantes. (8)

Down

1. This was family name of the Earls of Cumberland, after whom the famous tower in York is named. (8)
2. This was once a Scandinavian marauder in Yorkshire. (6)
3. This kind of manorial court was once found in Danby and Spaunton. (4)
5. Friends in conflict such as Manchester, Leven and Fairfax at Marston Moor. (6)
6. 1066 is a famous one - in Stamford Bridge and beyond. (4)
9. Under this regime, invaders carried out the so-called harrying of the North. (6)
10. This document was granted in 1212 to York by King John. (7)
13. There's one each at Middleham, Bolton and Richmond. (6)
14. This Archbishop of York helped to lead the English forces at the Battle of the Standard in 1138. (8)
16. This castle near Wakefield saw a battle fought nearby in 1460. (6)
17. Dere ***** was a Roman road leading northwards from York. (6)
20. A well-known York pub stands above this Roman facility, after which it is named. (4)
21. This city was once the birthplace of William Wilberforce. (4)



In aid of Mission Aviation Fellowship



I want to thank my lovely sub-committee of Lynda N and President Jane for helping organise the event, and those super club members who helped us three run the event on the night of June 14th - Christine Orsler, Pat, Joan Ellis, Anns Coulson and Windle, Lizzes Barton and Curry! My thanks to those of you who sold or bought tickets, and special thanks to Roseanne for sending the cheque for **£890 to M.A.F.** The band "Grassroots" did a fantastic job keeping the pace up, and those of you who nobly kept friends and family dancing relentlessly did a great job too! 80 people came along, and we have had interest from a few ladies in possibly joining Inner Wheel! Many have expressed their thanks to us for a "delightfully entertaining evening".

Ro Oliver



Caller Rosemary



'Grassroots' getting the dancers going

How many Inner Wheelers came along
 To Andrew's country {hic} garden?
 I'll tell you now of some of what went on
 And what I miss I hope you'll {hic} pardon!
 June invited everyone
 Planned the layout, hoped for sun!
 Lynda, Chris Orsler, Anne B and Val
 Got things organised
 And when the day arrived
 We all met in Andrew's {hic} garden.



How many glasses of fizz were enjoyed
 In Andrew's country {hic} garden?
 I'll tell you now of some of what went on
 And what I miss I hope you'll {hic} pardon!
 When it got to three O'clock
 Evelyn's tea was on the dot
 Savouries, sweet, elegance - what a treat!
 More prosecco flowed free
 Thanks to Lynda and Anne B.
 Joy in Andrew's country {hic} garden!



How many voices joined in the songs
 In Andrew's country garden?
 Some knew the words, and some just hummed along,
 The notes we missed I hope you'll pardon!
 "Summertime" and "Dancing Queen",
 Lynda on the tambourine!
 Sharing our friendship was the theme.
 Then the bunting came down
 And we headed back to town,
 Leaving Andrew's peaceful garden.



Ro Oliver Aug.

Pimms party

Christine and Richard opened their home, the Old Vicarage at Ganton to Inner friends to raise funds for to have a good time. The pected for the middle of shine all around the Old tributed plates of nibbles and Rosie kept the Pimms and Richard and Christine flowing throughout the afternoon. There was a raffle which helped towards raising £453 for Lines to Nepal We all had a lovely time with the men chatting in the summerhouse and the ladies socialising in the house. Many thanks to ISO Christine.



opened their home, the Old Wheel members and International Services and weather was not as we ex- July but there was sun- Vicarage. Members con- and Richard and Christine flowing throughout the af- ternoon. There was a raffle which helped towards raising £453 for Lines to Nepal We all had a lovely time with the men chatting in the summerhouse and the ladies socialising in the house. Many thanks to ISO Christine.



FRIDAY WALKS

We have had some lovely sunny days for our Friday Walks. The walk from Cober Hill to the Cleveland Way at Cloughton was beautiful and we had a very entertaining lunch at Cober Hill on our return.

The walk around West Ayton was a repeat of one we had done last year and it was nice to see things we had missed on our first walk. Some of the houses are delightful and I was dreaming of which one to buy if I won the lottery!

Burton Riggs was worth visiting and again the sun shone. We walked around 2 lakes and met a lot of dog walkers. On to the Byways for lunch and we decided it was a walk worth repeating.

Wykeham Lakes was extremely busy with groups of children bused in from far and wide to enjoy the water activities. We walked around the lake before lunch in the café.

Cleveland Way



Lynda had organised 10 pin Bowling earlier in the year and we had enjoyed it so much that we decided to repeat the bowling

Burton Riggs



experience as part of the Friday walks. We walked to the Lookout on the Pier for lunch so we managed to combine the two.



Olympia Leisure